

Gourmet CAFE

"From traditional to unique..."

185 Glen St., Glens Falls, NY

Ph: 761-0864

DowntownGourmet.com

Gluten Free Menu

Gourmet Salads

Garden Salad~ A mixed green salad topped with fresh cut garden vegetables. Large...\$6.99 Half...\$4.99
add Chicken...\$3.59 add Shrimp...\$5.59
GF Dressings: House Creamy Dill,
Italian, Balsamic Vinaigrette, or Ranch

Grilled Chicken, Pear & Walnut Salad~
Grilled breast of chicken, sliced pear, golden raisins,
candied walnuts and red onion. Topped with bleu
cheese crumbles, raspberry and balsamic vinaigrettes
Large...\$12.59 Half...\$8.79

Apple Pecan Chicken Salad~
A mixed green salad topped with house chicken salad,
granny smith apple, mandarin oranges, dried cranberries,
sliced red onion, alfalfa sprouts, and toasted pecans.
Drizzled with balsamic vinaigrette dressing.
Large...\$11.99 Half...\$8.29

Gluten Free Sandwiches

All gluten free sandwiches are served on a
homemade rosemary focaccia roll

The Café Burger~ An 8oz. Burger topped with lettuce,
tomato, red onion and your choice of cheese...\$12.29
Bacon, peppers, caramelized onions or portobello...79¢ each

Gluten Free Deli Sandwich~
Your choice of meat and cheese served with
kettle chips and red potato salad...\$8.99
Choice of: Turkey, Roast Beef, Ham, Tuna or Chicken Salad
Choice of: Cheese: Swiss, American, Monterey Jack or Cheddar

Tarragon Turkey Club~ Roast turkey, bacon,
lettuce, tomato with tarragon mayonnaise...\$10.59

Chipotle Roast Beef~ Roast beef, lettuce, caramelized
onions, tomato bruschetta and Swiss cheese with
chipotle lime mayonnaise...\$10.59

Mandarin Chicken Salad Sandwich~
Homemade white meat chicken salad with mandarin
oranges, lettuce, and alfalfa sprouts...\$10.29

**Our Homemade Gluten Free Rosemary Focaccia
Rolls are now available to take home!!!**

Rolls are frozen and pre-sliced...\$2.50 each

Mediterranean Vegetable Salad~ Grilled
zucchini, squash, artichoke hearts, roasted peppers,
caramelized onions, mushrooms, and tomato
bruschetta all marinated in a feta cheese dressing
and served cold over a bed of mixed greens.
Large...\$10.99 Half...\$7.79

Grilled Chicken and Strawberry Salad~
Grilled chicken, red onion, strawberries, feta cheese
and candied walnuts tossed in a raspberry
vinaigrette dressing over a bed of mixed greens.
Large...\$11.99 Half...\$8.29

Gluten Free Pizza

All pizzas are made on our homemade 9" gluten free pizza shell.

The Margarita~ Tomato sauce, fresh tomato slices,
basil pesto and mozzarella cheese...\$11.29

The Cuban ~ House BBQ pulled pork, red onion, dill
pickle, mozzarella and cheddar cheese...\$12.59

Sausage and Roasted Pepper~ House made
Italian chicken sausage with roasted peppers and
mozzarella cheese...\$12.59

The Vegetarian~ Roasted peppers, mushrooms,
broccoli, tomato, red onion and mozzarella cheese...\$11.99

Entree Specialties

Full plates include a small garden salad

Gluten Free Penne Ala Vodka~
Gluten free pasta tossed with roasted
mushrooms, sundried tomatoes and scallions.
Full...\$14.99 half...\$10.29

Add Chicken for \$3.59
Gluten Free Basil Pesto Chicken~
Tender strips of chicken breast in a basil
pesto cream sauce with spinach and grape tomatoes.
Served over gluten free penne pasta.
Full...\$16.59 half...\$11.99

Oriental Chicken & Broccoli Stir Fry ~
Chicken, broccoli, mushrooms, and mandarin oranges
tossed in sweet and sour sauce served over Jasmine rice.
Full...\$17.99 half...\$11.79

We practice caution in preparing all of our gluten free items and do our best to insure a gluten free end product. Gourmet Cafe is **NOT** a gluten free environment. In consuming our gluten free products, be aware that even with our caution, there may be a chance of accidental cross contamination. Patrons are encouraged to consider this information in light of their individual requirements and needs.