



185 Glen St., Glens Falls, NY
(518) 761-0864 • DowntownGourmet.com

Gluten Free Menu

Gourmet Salads & Starters

Hand Cut French Fries~ Plenty to share...\$7.59

Hand Cut Sweet Potato Fries~

Served with a maple-brown sugar dip...\$8.59

Poutine ~ Hand cut French fries topped with mozzarella cheese, rich brown sauce and scallions...\$12.99

Buffalo Chicken Tenders ~ Crispy chicken tenders in our house buffalo sauce with bleu cheese dressing...\$12.59

Baked Spinach Dip~ A creamy blend of cream cheese, baby spinach, parmesan, and garlic all baked to a golden brown and served with warm tortilla chips...\$13.59

Mediterranean Vegetable Salad~ Grilled zucchini, squash, artichoke hearts, roasted peppers, caramelized onions, mushrooms, and tomato all in a Greek feta cheese vinaigrette over a bed of mixed greens. Full...\$16.99 Half...\$12.99

Buffalo Chicken Salad~

A green salad with buffalo chicken, carrots, celery, red onion, grape tomatoes and bleu cheese. Served with creamy dill dressing. Full...\$16.99 Half...\$12.59

Seared Yellowfin Tuna Salad~

Mixed greens with red onion, tomato, hard boiled egg, and roasted mushrooms all in a warm mustard vinaigrette topped with sliced seared yellowfin tuna...\$17.99

Garden Salad~ A mixed green salad topped with fresh cut garden vegetables. Full...\$10.29 Half...\$7.29
add Chicken...\$3.99 add Shrimp...\$6.99
GF Dressings: Creamy Dill, Italian, Balsamic, or Ranch

Chicken Fajita Salad~

Marinated chicken, roasted peppers, caramelized onions, diced tomatoes, black olives, scallions, black beans, cheddar cheese and crispy fried tortilla chips on a bed of greens. Served with salsa-ranch dressing. Full...\$16.99 Half...\$12.99

Grilled Chicken, Pear & Walnut Salad~

Grilled breast of chicken, sliced pear, golden raisins, bleu cheese crumbles and red onion. Topped with candied walnuts, raspberry and balsamic vinaigrettes. Full...\$16.99 Half...\$12.59

Maple Chicken Spinach Salad~

Baby spinach topped with grilled chicken, bacon, sliced apples, golden raisins, almonds and feta cheese. Served with homemade maple mustard dressing. Full...\$16.99 Half...\$12.99

Apple Pecan Chicken Salad~

A mixed green salad topped with house chicken salad, granny smith apple, mandarin oranges, dried cranberries, sliced red onion, alfalfa sprouts, and toasted pecans. Drizzled with balsamic vinaigrette. Full...\$16.99 Half...\$12.59

Gluten Free Sandwiches

All gluten free sandwiches are served on our homemade gluten free rosemary focaccia.
Add a side of Hand Cut French Fries for \$3.29 or Sweet Potato Fries for \$4.29

Gluten Free Deli Sandwich~

Your choice of meat and cheese served with kettle chips and red potato salad...\$14.29

Choice of: Turkey, Roast Beef, Ham,
Corned Beef, Tuna or Chicken Salad
Choice of: Swiss, American, Monterey Jack,
Mozzarella or Cheddar

Roast Beef & Horseradish Panini~

Roast beef, caramelized onions, and cheddar cheese with creamy horseradish sauce, toasted panini style...\$17.29

Tarragon Turkey Club~ Roast turkey, bacon, lettuce, and tomato with tarragon mayonnaise...\$16.99

Reuben~ Sliced corned beef with Swiss cheese, Russian dressing and sauerkraut...\$17.29

The Café Burger~ An 8oz. burger topped with lettuce, tomato, red onion and your choice of cheese...\$17.99
Bacon, peppers, caramelized onions or portobello...\$2.50 each

Turkey, Apple and Cranberry Panini~ Turkey, sweet sautéed granny smith apples, cranberry sauce and cheddar cheese with cranberry mayonnaise...\$17.29

Chicken Cordon Bleu~ Hand breaded chicken cutlet topped with smoked ham, melted Swiss cheese, lettuce, and tomato. Served on our homemade rosemary focaccia with honey mustard...\$17.59

Our Homemade Gluten Free Rosemary Focaccia Rolls are now available to take home!!!

Rolls are frozen and pre-sliced...\$3.00 each

We practice caution in preparing all of our gluten free items and do our best to insure a gluten free end product. Gourmet Cafe is **NOT** a gluten free environment. In consuming our gluten free products, be aware that even with our caution, there may be a chance of accidental cross contamination. Patrons are encouraged to consider this information in light of their individual requirements and needs.

Gluten Free Pizza

All pizzas are made on our homemade 10" gluten free pizza shell.

The Margarita~ Tomato sauce, fresh tomato slices, basil pesto and mozzarella cheese...\$14.99

Buffalo Chicken~ Grilled chicken, red onion, mozzarella and bleu cheese crumbles all on a zesty wing sauce. Drizzled with ranch dressing...\$15.99

The Meat Lovers~ House Italian sausage, crisp bacon, pepperoni and mozzarella cheese...\$15.99

The Mediterranean~ Tomato sauce, grilled chicken, kalamata olives, artichokes, diced tomato, feta and mozzarella cheese...\$15.99



The Cuban~ House pulled pork, BBQ sauce, red onion, dill pickle, mozzarella and cheddar cheese...\$15.99

BBQ Chicken Pizza~ Chicken breast, barbecue sauce and caramelized onions, with banana peppers, scallions, mozzarella, and cheddar cheeses...\$15.99

The Gourmet Deluxe~ Tomato sauce, pepperoni, mushroom, red onion and mozzarella cheese...\$15.99

The Vegetarian~ Roasted peppers, mushrooms, broccoli, tomato, red onion and mozzarella cheese...\$15.99

Josh's White Pizza~ Mozzarella and ricotta, chicken, spinach, basil pesto and diced tomato...\$15.99

Gluten Free Desserts

All Handmade by Chef Francis

Caramel Apple Granny~

A deep dish Apple pie loaded with cinnamon and walnuts. Served warm with homemade caramel sauce and vanilla ice cream...\$8.99

Peanut Butter Cheesecake~

A graham cracker crust with a peanut butter filling loaded with peanut butter cups, all topped with a rich cream cheese frosting, and a Reese's peanut butter cup.

A peanut butter lovers dream!!!!...\$8.99

Gourmet Style Carrot Cake~

A super moist cake loaded with shredded carrots, pecan pieces, golden raisins, and crushed pineapple, covered with a cinnamon cream cheese frosting and garnished with toasted chopped walnuts...\$8.99

Entree Specialties

Full plates include a small garden salad

Gluten Free Penne Ala Vodka~

Gluten free pasta tossed with roasted mushrooms, sundried tomatoes and scallions.

Full...\$20.99 Half...\$15.59

Full with chicken...\$22.99 Half...\$18.59

Full with shrimp...\$23.99 Half...\$20.59

Gluten Free Basil Pesto Chicken~

Tender chicken breast in a basil pesto cream sauce with spinach and grape tomatoes over gluten free penne pasta.

Full...\$22.99 half...\$18.59

Gluten Free Three Cheese Baked Ziti~

Ground beef, Italian sausage, and a three cheese marinara sauce all baked to a golden brown...\$20.99

Curried Chicken & Vegetables~

Strips of boneless chicken, zucchini, squash, broccoli, mushrooms, onions and peppers in a curry cream sauce. Served over jasmine rice.

Full...\$20.99 half...\$16.59

Chicken or Eggplant Parmesan~

Topped with marinara sauce, mozzarella and parmesan cheeses and served with gluten free penne pasta.

Chicken...\$22.99 Half...\$16.99

Eggplant...\$19.99 Half...\$15.99

Chocolate Cappuccino Cream Torte~

Flourless chocolate cake layered with a light mocha-cappuccino cream, topped with a rich chocolate ganache and mini chocolate chips...\$8.99



Chocolate Cappuccino Cream Torte

Traditional Vanilla Cheesecake~

A light vanilla cheesecake on a homemade graham cracker crust. Topped with your choice of homemade caramel sauce or strawberry sauce and whipped cream ...\$7.99

Dark Chocolate Raspberry Cheesecake~

A chocolate cookie crust topped with a dark chocolate raspberry cheesecake, and rich dark chocolate raspberry ganache...\$8.99