

Name: \_\_\_\_\_



CREATE YOUR OWN  
**PASTA BOWL**

**Vegetables**

(Choose as many as you like...)

- |  |   |
|--|---|
| <input type="checkbox"/> Chopped Garlic    | <input type="checkbox"/> Portobello Mushrooms |
| <input type="checkbox"/> Scallions         | <input type="checkbox"/> Artichoke Hearts     |
| <input type="checkbox"/> Onions            | <input type="checkbox"/> Roasted Peppers      |
| <input type="checkbox"/> Peppers           | <input type="checkbox"/> Spinach              |
| <input type="checkbox"/> Broccoli          | <input type="checkbox"/> Peas                 |
| <input type="checkbox"/> Zucchini & Squash | <input type="checkbox"/> Black Olives         |
| <input type="checkbox"/> Tomatoes          | <input type="checkbox"/> Green Olives         |
| <input type="checkbox"/> Sundried Tomatoes | <input type="checkbox"/> Banana Peppers       |
| <input type="checkbox"/> Mushrooms         | <input type="checkbox"/> Jalapenos            |

**Meat & Seafood**

(Choose up to four of your favorites...)

- |  |                                     |
|--|-------------------------------------|
| <input type="checkbox"/> Chicken Breast              | <input type="checkbox"/> Bacon      |
| <input type="checkbox"/> Italian Meatballs           | <input type="checkbox"/> Smoked Ham |
| <input type="checkbox"/> Sweet Italian Sausage       | <input type="checkbox"/> Shrimp     |
| <input type="checkbox"/> Andouille Sausage           | <input type="checkbox"/> Scallops   |
| <input type="checkbox"/> Basil Pesto Chicken Sausage | <input type="checkbox"/> Crabmeat   |

**Sauce**

(Choose one...)

- |  |   |
|--|---|
| <input type="checkbox"/> Marinara  | <input type="checkbox"/> Seafood Cream        |
| <input type="checkbox"/> Red Wine Basil Marinara                                 | <input type="checkbox"/> Vodka Cream          |
| <input type="checkbox"/> Fra Diavolo (Spicy Red)<br><i>Hot or Medium or Mild</i> | <input type="checkbox"/> Cajun Vodka Cream    |
| <input type="checkbox"/> Bolognese (Meat Sauce)                                  | <input type="checkbox"/> White Wine Alfredo   |
| <input type="checkbox"/> Basil Pesto & Olive Oil                                 | <input type="checkbox"/> Cajun Alfredo        |
| <input type="checkbox"/> Basil Pesto Cream                                       | <input type="checkbox"/> Buffalo Alfredo      |
| <input type="checkbox"/> Tomato-Basil Cream                                      | <input type="checkbox"/> Bleu Cheese Alfredo  |
| <input type="checkbox"/> Tomato Sambuca Cream                                    | <input type="checkbox"/> Three Cheese Alfredo |
| <input type="checkbox"/> Captain Morgan Cream                                    | <input type="checkbox"/> Sherry Cream         |
| <input type="checkbox"/> Newburgh  | <input type="checkbox"/> Roasted Garlic Cream |
| <input type="checkbox"/> Mediterranean White Wine & Lemon                        | <input type="checkbox"/> White Wine Butter    |
| <input type="checkbox"/> Southwestern Roasted Pepper Cream                       |   |
| <input type="checkbox"/> Wild Mushroom Sherry Cream                              |   |
| <input type="checkbox"/> Southwestern Captain Morgan Cream                       |   |

**Pasta**

(Choose one...)

- |  |   |
|--|---|
| <input type="checkbox"/> Penne                     | <input type="checkbox"/> Rigatoni           |
| <input type="checkbox"/> Bowtie                    | <input type="checkbox"/> Cavatappi          |
| <input type="checkbox"/> Fettuccine                | <input type="checkbox"/> Whole Wheat Rotini |
| <input type="checkbox"/> Cheese Stuffed Tortellini | <input type="checkbox"/> NO Pasta           |
| <input type="checkbox"/> Angelhair                 | <input type="checkbox"/> Jasmine Rice       |

No Cheese Please

**Each Pasta Bowl includes Homemade Garlic Bread and a Garden Salad or a Cup of Café Soup**